|  |  |  |
| --- | --- | --- |
| Planning | Face to face contact | Telefonisch contact |
| Week 1-3 | 1 x p/wk | none |
| Week 4-9 | 1 x p/2 wkn | none |
| Week 10-18 | 1 x p/6 wkn | 1 x p/6 wkn |
| Week 19-30 | 1 x p/8wkn | 1 x p/8wkn |
| Week 31-52 | 1 x p/12 wkn | 1 x p/12 wkn |

Measurement frequency is as follows:

Week 1-4: daily

Week 5-9: every other day

Week 10-15: 2 x per week

Week 16-52: 1 x per week

\*week N is the Nth week after discharge